

April 22, 2017  
Jackson, Mississippi  
Clinical Concepts (KT3)



Methodist Rehabilitation Center Outpatient  
Therapy Service  
1350 East Woodrow Wilson Drive  
Jackson, Mississippi, 39126

 GET CERTIFIED.



 APPROVED PROVIDER of  
CONTINUING EDUCATION  
by The American Occupational  
Therapy Association, Inc.



## COURSE INFORMATION:

**Instructor: Randall Alford , CKTP, CKTI, OTR/L, CHT, CHT**  
Randall is a graduate of Texas Woman's University, practicing since 1994. He has been a Kinesio Taping instructor since 2003 and has taught throughout the country. He is in private practice in Baton Rouge, LA., as the Director of Hand Therapy for the Physical Therapy and Hand Center, treating primarily orthopaedic and sports injuries of the upper extremity. He has taught courses and been a guest lecturer at the LSUHSC for Occupational Therapy in New Orleans, and at LSU. Randall provides numerous lectures and in services on UE evaluation and treatment, mobilizations, and splinting in the local and professional community.



Cancellation Policy: Registration fee, less \$75, will be refunded if written cancellation is received 14 days prior to the seminar. No refunds will be given after that date. Kinesio University reserves the right to cancel at any time with full refund.

TO REGISTER:  
[www.KinesioTaping.com](http://www.KinesioTaping.com)

**FOR QUESTIONS:**  
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Seminar Coordinator  
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## COURSE DESCRIPTION:

### KT3 Clinical Concepts

*((Pre-requisite, completion of KTA approved KT1 and KT2 courses))*  
The KT3 course combines KT1 & KT2 coursework with extra lab time for attendees to practice their skills on a variety of clinical applications. KT3 can be designed to allow the CKTI to cater towards specific practitioner protocols, clinical applications, and practitioner population and address specific professions (pediatrics, hand therapy, sports medicine, chiropractic, etc.) or clinical conditions (stroke, scoliosis, lymphedema, etc.). KT3 can also be set up as a general orthopedic course and may incorporate any or all of the following: unusual tapings, variations on standard tapings, problem solving, and "live patients". Upon completion of this course and prerequisite KT1 & KT2 seminar, attendees will be eligible to request and take the exam to become a Certified Kinesio Taping Practitioner (CKTP). Note: Students can request to take the exam but will not be eligible to receive a CKTP certificate until they graduate.

## AGENDA:

### DAY 3 - Clinical Concepts

- 8:00 - 10:20am Experiences; KT1&2 Review; Corrective Techniques; Kinesio Taping Screening Assessments; Clinical Concepts: Shoulder Impingement, Whiplash/Cervical Pain, Chondromalacia Patella Lab
- 10:20 Break
- 10:35 - 12:00pm Advanced Concepts: Scar Applications: Directional Pull, Pitting Scars; Manual Fascia Glide, Basket Weave Technique
- 12:00 Lunch
- 1:00 - 2:40 EDF: Epidermis Concept Lecture; Epidermis Taping Lab; EDF: Dermis Concept Lecture; EDF: Fascia Concept Lecture; Fascia Taping Lab
- 2:40 Break
- 2:55 - 5:30 Clinical Application 1: Lecture; Taping Lab; Clinical Application 2: Lecture; Taping Lab; Clinical Application 3: Lecture; Taping Lab; Clinical Application 4: Lecture; Taping Lab; Contraindications & Precautions, Application Requests, Q&A

**PLEASE BRING YOUR OWN SCISSORS AND WEAR PROPER ATTIRE FOR TAPING**  
*(tank top & shorts)*

**AGENDA:**

**DAY 3 - CLINICAL CONCEPTS AND ADVANCED WHOLE BODY APPLICATIONS OF THE KINESIO TAPING METHOD**

7:30am	Sign In
8:00 – 8:15	Success Stories, Troubleshooting, Q&A
8:15 – 8:50	Evaluation Questions, Assessments, KT1&KT2 Review
8:50 – 9:00	Clinical Concepts: Shoulder Impingement Lecture
9:00 – 9:15	Shoulder Impingement Lab
9:15 – 9:25	Clinical Concepts: Whiplash / Cervical Pain Lecture
9:25 – 9:40	Whiplash / Cervical Pain Lab
9:40 – 9:50	Clinical Concepts: Chondromalacia Patella Lecture
9:50 – 10:05	Chondromalacia Patella Lab
10:05	Break
10:20 – 10:35	Intro to Kinesio Scar Tapings
10:35 – 10:45	Scar Management “Directional Pull Application”
10:45 – 10:55	Scar Management “Pitting Scars Application”
10:55 – 11:10	Scar Management Lab
11:10 – 11:20	Kinesio Taping Advanced Concept: Fascial Correction: Manual Glide Lecture
11:20 – 11:35	Manual Fascial Glide Lab
11:35 – 11:45	Kinesio Taping Advanced Concept: “Basket Weave” Technique Lecture
11:45 – 12:00pm	Basket Weave (Closed Ended) Lab
12:00	Lunch
1:00 – 1:30	EDF: Epidermis Concept Lecture
1:30 – 1:50	Epidermis Taping Lab
1:50 – 2:00	EDF: Dermis Concept Lecture
2:00 – 2:20	EDF: Fascia Concept Lecture
2:20 – 2:40	Fascia Taping Lab
2:40	Break
2:55 – 3:10	Clinical Application 1: Lecture
3:10 – 3:25	Clinical Application 1: Taping Lab
3:25 – 3:40	Clinical Application 2: Lecture
3:40 – 3:55	Clinical Application 2: Taping Lab
3:55 – 4:10	Clinical Application 3: Lecture
4:10 – 4:25	Clinical Application 3: Taping Lab
4:25 – 4:40	Clinical Application 4: Lecture
4:40 – 4:55	Clinical Application 4: Taping Lab
4:55 – 5:30	Contraindications & Precautions, Application Requests, Q&A

KTAI may request facility host to assist with follow-up interview or possible story.

